Midi

Midi Health description

Use for open enrollment newsletters, benefits handbooks, etc.
Fill in the highlighted portion with the name(s) of your in-network plan(s).

Hormonal changes can cause symptoms from low energy to weight gain, sleep issues to hair loss, and more. They can also impact your long-term health.

Midi Health is the leading virtual clinic for women. Midi clinicians are experts in perimenopause and menopause care and can provide you with a personalized Care Plan to address your needs. Visits are 100% virtual, available 7 days a week (daytime and evening hours), and covered under [EMPLOYER HEALTH PLAN(S)].

Get back to feeling like you. Learn more and book a virtual visit at joinmidi.com/menopausebenefit.