The midlife care your employees deserve



Untreated menopause and perimenopause symptoms—brain fog, anxiety, hot flashes, weight gain, sleep troubles, and dozens of others—have a **direct impact on employee retention, productivity, and more**, prompting:

- 59% of women to take time off of work, resulting in $1.8B in lost workdays
- 21% to pass on applying for a promotion they'd otherwise consider
- 19% to reduce their hours
- 12% to resign

Three-fourths of those who seek treatment don't get it, largely because so few clinicians are trained to deliver the specialty care women in midlife require. Women search (and search) for answers, often over utilizing healthcare in the process.

And the increased healthcare costs related to insufficient symptom treatment are staggering:

- $24.8B: Menopause-related care expenses/year
- 47%: Increase in medical and prescription costs for women 45-54 experiencing menopause compared to peers (average age of menopause in the U.S. is 51)

Midi is changing that

Midi Health is the largest virtual clinic for women in midlife. Our 550+ specialized clinicians meet with women via virtual visits and create personalized Care Plans to help them manage disruptive symptoms of hormonal change.

Because of our team's expert training and our holistic approach, women get the right care the first time. We've helped 400,000 patients and **more than 90% of them feel better within 60 days of their first visit**.

In-network care

Midi is an in-network provider, not a vendor. Employees use their existing insurance to access care, just like they do when seeing any other specialist.

Services covered by and billed to claims—no PEPM, no additional fees, no contracts required.

Easy implementation

Now that your company has signed up for our no-cost Midi for Employers program, you have access to everything you need to offer your Midi benefit in days: launch guidance, ready-to-use announcement resources, ongoing content to keep employees engaged, and more.

No complicated technical integration, no long implementation period necessary.

Of course, if you have any questions, we're here to help. Please email **hrsupport@joinmidi.com**.

Your support matters

We're so glad you've chosen to offer Midi to your team. Be sure to spread the word about your new benefit and direct employees to **joinmidi.com/menopausebenefit** to book their first visit.

Thank you for helping women thrive in midlife.

Midi