

MEET MIDI

Expert virtual care for women in midlife

**Real solutions for your real symptoms.
Covered by insurance.**



Trouble Sleeping ✦ Weight Changes ✦ Brain Fog ✦ Period Problems
Hair/Skin Changes ✦ Hot Flashes ✦ Painful Sex ✦ Bone Loss
Mood Issues ✦ Menopause After Cancer ✦ Menopause With Cancer Risk

To schedule your virtual visit, go to joinmidi.com

MidiHealth

HOW MIDI WORKS

1

Schedule your visit

Create an account, fill out a health questionnaire, and pick a time that's convenient for you. We're completely virtual, so expert care is just a video call away.

2

Meet with your Midi clinician

She'll take the time to listen to your concerns, symptoms, and medical history, then create your personalized Care Plan. You'll leave ready to start feeling better! If you need tests, Midi's care coordinators will send you to a convenient local lab.

3

Get all the follow-up visits you need

We stick with you through your menopause journey, adjusting treatments and addressing new issues with a wide range of solutions. Your Care Plan and lab results are easy to share with your other doctors whenever you'd like.



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